

Curcumin-mediated modulation of miR-21-5p and miR-126-3p enhances PTEN expression and suppresses VEGF in CaSki cell line

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Abstract

Background and Aims: Curcumin, a natural polyphenolic compound from *Curcuma longa*, exhibits anti-cancer properties by modulating miRNAs and targeting pathways like PI3K/Akt and angiogenesis. This study investigates the effects of curcumin on the expression of miR-21-5p, miR-210-3p, miR-126-3p, and miR-214-3p in HPV-16-positive CaSki cervical cancer cells, and their correlations with PTEN and VEGF.

Methods: CaSki cells were cultured and treated with curcumin at a sub-IC₅₀ concentration (80 μ M) for 48 hours, determined via MTT assay (IC₅₀ = 96 μ M). Total RNA was extracted using TRIzol, and qRT-PCR was used to assess PTEN, VEGF (normalized to GAPDH), and miRNA expression (normalized to U6). Data from nine biological replicates per group were analyzed using Welch's t-test for comparisons and Pearson's correlation for relationships.

Results: Curcumin significantly upregulated PTEN ($1.861 \pm \text{SD}$, $p=0.004$; ~3.6-fold) and downregulated VEGF ($-2.137 \pm \text{SD}$, $p=0.006$; ~0.23-fold). miRNA modulation included a trend toward miR-21-5p downregulation ($-1.024 \pm \text{SD}$, $p=0.057$; ~0.48-fold), no change in miR-210-3p ($p=0.344$), and upregulation of miR-126-3p ($1.674 \pm \text{SD}$, $p=0.003$; ~3.2-fold) and miR-214-3p ($1.669 \pm \text{SD}$, $p=0.019$; ~3.2-fold). Correlations revealed miR-21-5p negatively associated with PTEN ($r=-0.51$, $p=0.03$) and positively with VEGF ($r=0.57$, $p=0.01$); miR-126-3p positively with PTEN ($r=0.41$, $p=0.09$) and negatively with VEGF ($r=-0.49$, $p=0.03$); miR-214-3p negatively with PTEN ($r=-0.36$, $p=0.14$).

Conclusions: Curcumin epigenetically modulates miRNAs in CaSki cells, enhancing PTEN and suppressing VEGF through regulatory networks involving miR-21-5p and miR-126-3p. These findings elucidate curcumin's anti-cancer mechanisms and support its potential as an adjunctive therapy for cervical cancer, warranting further in vivo validation.

Keywords: Curcumin, microRNAs, Cervical cancer.

Introduction

Cervical cancer remains a major global health concern, ranking as the fourth most common malignancy among women worldwide. Recent estimates indicate that, in 2022, approximately 662,301 new cases and 348,874 deaths were reported, with the burden disproportionately concentrated in low- and middle-income countries, where access to screening and vaccination programs remains limited. Projections suggest that, if current trends persist, the incidence of cervical cancer could increase by 56.8% and mortality by 80.7% by 2050, highlighting the urgent need for novel therapeutic strategies.^[1-3] Human papillomavirus

(HPV) infection, particularly with high-risk strains such as HPV-16, is the primary etiological factor; however, the transition from precancerous lesions to invasive carcinoma involves complex molecular changes, including dysregulation of oncogenic signaling pathways and epigenetic alterations.^[4-8] Conventional treatment modalities, including surgery, radiotherapy, and chemotherapy, have improved survival rates for early-stage disease. However, advanced or recurrent cervical cancer often demonstrates resistance to these therapies, emphasizing the limitations of current regimens and the necessity for targeted therapies with reduced toxicity.^[1-3,9-11]

In this context, natural compounds exhibiting multifaceted anti-cancer properties have garnered significant interest. Curcumin, a polyphenolic compound derived from the rhizome of *Curcuma longa* (turmeric), has been extensively studied for its chemopreventive and therapeutic potential across various malignancies, including cervical cancer. Curcumin exerts its therapeutic effects through multiple mechanisms, such as inducing apoptosis, inhibiting cell proliferation, suppressing invasion and metastasis, and modulating angiogenesis by targeting critical signaling pathways, including PI3K/Akt, NF- κ B, and MAPK.^[12-15] Emerging evidence also suggests that curcumin can influence epigenetic regulators, particularly microRNAs (miRNAs), which are small non-coding RNAs (~18–25 nucleotides) that post-transcriptionally modulate gene expression by binding to the 3'-untranslated regions (3'-UTRs) of target mRNAs, thereby inducing their degradation or translational repression. Dysregulated miRNAs play pivotal roles in cervical carcinogenesis, acting as oncomiRs (oncogenic miRNAs) or tumor suppressors.^[16-18] Curcumin's ability to restore miRNA homeostasis has been associated with its anti-tumor efficacy.^[14,19]

Among the miRNAs implicated in cervical cancer, miR-21-5p is a well-characterized oncomiR, frequently overexpressed in HPV-infected cervical tissues. miR-21-5p has been linked to enhanced proliferation, invasion, and resistance to apoptosis through the targeting of tumor suppressors such as phosphatase and tensin homolog (PTEN).^[20,21] miR-210-3p, which is induced under hypoxic conditions, promotes angiogenesis and metastasis by regulating vascular endothelial growth factor (VEGF) and other hypoxia-responsive genes, thereby contributing to tumor progression in cervical cancer.^[22-24] Conversely, miR-126-3p acts as a tumor suppressor by inhibiting VEGF-mediated angiogenesis and reducing cell migration and invasion.^[25-28] Its downregulation is associated with poor prognosis in cervical malignancies. miR-214-3p exhibits a dual role, often being upregulated in cervical cancer, where it targets PTEN and facilitates epithelial-to-mesenchymal transition (EMT), thus promoting metastasis.^[29-31] These miRNAs converge on critical pathways, including the PTEN/PI3K/Akt axis, which

negatively regulates cell survival and proliferation, and VEGF-driven angiogenesis, a hallmark of tumor growth and metastasis.^[32]

Curcumin's efficacy in cervical cancer models, such as HPV-16-positive CaSki cells, where it inhibits tumor growth and angiogenesis in xenografts by downregulating VEGF, COX-2, and EGFR.^[15,33,34] Additionally, curcumin has been shown to modulate miRNA expression, including the downregulation of miR-21 in various cancers, leading to the upregulation of PTEN and inhibition of Akt signaling, thereby promoting apoptosis and reducing cellular proliferation. However, the specific effects of curcumin on miR-21-5p, miR-210-3p, miR-126-3p, and miR-214-3p in cervical cancer, as well as their predictive correlations with PTEN and VEGF, remain underexplored. This gap in knowledge is critical, as these miRNAs collectively influence the PTEN/PI3K/Akt/VEGF axis, a central pathway in cervical cancer progression.

Objectives

The present study aims to investigate the curcumin-mediated modulation of miR-21-5p, miR-210-3p, miR-126-3p, and miR-214-3p in HPV-16-positive CaSki cervical cancer cells, and to assess their predictive correlations with PTEN and VEGF expression. By elucidating these interactions, this research seeks to provide mechanistic insights into curcumin's anti-cancer effects and to support its potential as an adjunctive therapeutic agent for cervical cancer.

Methods

Cell Culture

The human epidermoid cervical carcinoma cell line, CaSki, which is HPV-16-positive (ATCC CRL-1550), was procured from the American Type Culture Collection (ATCC). Cells were cultured in RPMI-1640 medium (ATCC 30-2001), supplemented with 10% heat-inactivated fetal bovine serum (FBS; ATCC 30-2020), 100 U/mL penicillin, and 100 μ g/mL streptomycin. The cells were incubated in a humidified atmosphere at 37°C with 5% CO₂. Subculturing occurred every 2 to 3 days, once cells reached 70-80% confluence, by gentle pipetting after detachment with 0.25% trypsin-EDTA. The cells were

subcultured at a ratio ranging from 1:3 to 1:6 into fresh complete medium (6.0–8.0 mL per flask). All experiments were conducted using cells between passages 5 and 15 to ensure phenotypic consistency and minimize genetic drift. For cryopreservation, stocks were thawed by placing vials in a 37°C water bath for 1–2 minutes, followed by immediate transfer to pre-warmed complete medium (8–10 mL) in a 15 mL centrifuge tube. The mixture was gently mixed and centrifuged at $300 \times g$ for 5 minutes at room temperature to remove dimethyl sulfoxide (DMSO). Cell viability was assessed using trypan blue exclusion, with only stocks demonstrating >90% viable cells used in experiments. Mycoplasma contamination was monitored routinely using PCR-based detection kits, and all cultures tested negative throughout the study.

Curcumin Preparation and Treatment

Curcumin (Sigma-Aldrich, C1386, $\geq 94\%$ purity) was dissolved in sterile dimethyl sulfoxide (DMSO; Sigma-Aldrich, D2650) to create a 10–40 mM stock solution by vortexing at room temperature until fully dissolved. The solution was aliquoted and stored at -20°C , shielded from light to prevent degradation. For treatments, the stock solution was thawed, serially diluted in complete RPMI-1640 medium to achieve the desired final concentrations, ensuring that the DMSO concentration did not exceed 0.1% (v/v) to avoid vehicle-induced cytotoxicity. Control groups received equivalent volumes of DMSO in medium. For molecular assays, cells were treated with a sub-IC₅₀ concentration of 80 μM curcumin for 48 hours, as determined by preliminary dose-response curves, to induce molecular changes without substantial cell death.

MTT Assay for Cell Viability

Cell viability was determined using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay, which measures metabolic activity as a surrogate for cell proliferation and cytotoxicity. CaSki cells were seeded in sterile 96-well plates at a density of 5×10^3 cells per well in 100 μL of complete medium and allowed to adhere overnight at 37°C. Following this, the cells were treated with serial two-fold dilutions of curcumin (ranging from 0–1024 μM) in triplicate wells for 48 hours. After the treatment period, 10 μL of MTT solution (5 mg/mL in sterile phosphate-buffered saline [PBS]; Sigma-Aldrich,

M5655) was added to each well. The plates were then incubated at 37°C for 4 hours to allow NAD(P)H-dependent oxidoreductase enzymes to reduce MTT to purple formazan crystals. After incubation, the medium was carefully aspirated, and 100 μL of DMSO was added to each well to dissolve the crystals. The plates were gently shaken for 10 minutes at room temperature, and absorbance was measured at 570 nm (test wavelength) with a reference subtraction at 630 nm using a microplate reader (Bio-Rad, Model 680). Cell viability was calculated as a percentage of untreated controls using the formula:

$$\text{Viability (\%)} = (\text{Absorbance treated} / \text{Absorbance control}) \times 100$$

The IC₅₀ value was derived through non-linear regression analysis in GraphPad Prism software (version 9.0), fitting the data to a four-parameter log(inhibitor) vs. normalized response curve, with the goodness of fit determined by $R^2 > 0.95$.

RNA Extraction

Total RNA, including small RNAs, was isolated from CaSki cells (both untreated and curcumin-treated) using TRIzol reagent (Invitrogen, 15596026), following the manufacturer's optimized protocol for high-quality RNA extraction from cell cultures. Briefly, 1×10^6 cells were lysed in 1 mL TRIzol by repeated pipetting and incubated at room temperature for 5 minutes to dissociate nucleoprotein complexes. The lysates were then mixed with 0.2 mL chloroform per 1 mL TRIzol and shaken vigorously for 15 seconds. After incubating at 15–30°C for 2–3 minutes, samples were centrifuged at $12,000 \times g$ for 15 minutes at 4°C to achieve phase separation. The upper aqueous phase (~0.5 mL) was transferred to a fresh tube, mixed with 0.5 mL isopropanol per 1 mL TRIzol, incubated at room temperature for 10 minutes, and centrifuged at $12,000 \times g$ for 10 minutes at 4°C to precipitate RNA. The RNA pellet was washed twice with 1 mL 75% ethanol (prepared with RNase-free water), centrifuged at $7,500 \times g$ for 5 minutes at 4°C, and air-dried for 5–10 minutes. The RNA pellet was then resuspended in 20–50 μL RNase-free water by heating at 55–60°C for 10 minutes, if necessary. RNA concentration, purity, and integrity were determined using a NanoDrop 2000 spectrophotometer (Thermo Fisher Scientific), ensuring A260/A280 ratios of 1.8–2.1 and A260/A230 ratios >1.8.

Total RNA yields typically ranged from 5–10 µg per 10⁶ cells. RNA integrity was further verified through 1% agarose gel electrophoresis, confirming sharp 18S and 28S rRNA bands with a 2:1 intensity ratio. RNA samples were aliquoted and stored at -80°C until further analysis to prevent degradation.

cDNA Synthesis and qRT-PCR for Gene Expression

First-strand complementary DNA (cDNA) was synthesized from 1 µg of total RNA using the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, 4368814), utilizing random hexamer primers for comprehensive mRNA transcript coverage. Reactions (20 µL) were prepared on ice, containing 2× RT master mix (which includes MultiScribe™ Reverse Transcriptase, RNase inhibitor, dNTPs, and buffer), and incubated at 25°C for 10 minutes (primer annealing), followed by 37°C for 120 minutes (extension), and 85°C for 5 minutes (enzyme inactivation), then held at 4°C. cDNA was stored at -20°C or used immediately. Quantitative real-time PCR (qRT-PCR) was performed using Power SYBR Green PCR

Master Mix (Applied Biosystems, 4309155) on a QuantStudio 6 Flex Real-Time PCR System (Applied Biosystems) to detect gene expression. Reactions (20 µL) contained 10 µL of 2× master mix (including SYBR Green I dye, AmpliTaq Gold DNA Polymerase, dNTPs with dUTP, and optimized buffer), 1 µL of cDNA (diluted 1:10), 0.5 µM each forward and reverse primer, and nuclease-free water. The thermal cycling conditions included an initial denaturation at 95°C for 10 minutes, followed by 40 cycles of 95°C for 15 seconds (denaturation) and 60°C for 60 seconds (annealing/extension), concluding with a final melt curve analysis from 60–95°C at 0.15°C/second to confirm the specificity of the amplicons. Primer efficiencies were validated at 90–110% using standard curves derived from serial cDNA dilutions. Gene expression levels were normalized to GAPDH and analyzed using the $2^{(-\Delta\Delta Ct)}$ method. All reactions were conducted in technical triplicate, with 9 biological replicates per group. The primer sequences are provided in Table 1.

Table 1. Primers for Genes (PTEN, VEGF, and GAPDH)

Gene	Forward Primer (5' to 3')	Reverse Primer (5' to 3')	Amplicon Size (bp)	Approximate T _m (°C)	Ref
PTEN	ACCAGGACCAGAGGAAACCT	GCTAGCCTCTGGATTGACG	~150	60	[60]
VEGF	GAGATGAGCTTCCTACAGCAC	TCACCGCCTCGGCTTGTCACAT	~120	60	[61]
GAPDH	ACCCACTCCTCCACCTTTGAC	TGTTGCTGTAGCCAAATTCGTT	~100	60	[62]

cDNA Synthesis and qRT-PCR for miRNA Expression

miRNA-specific cDNA was synthesized from 10 ng of total RNA using the miRCURY LNA RT Kit (QIAGEN, 339340), which utilizes universal polyadenylation and looped reverse transcription (RT) primers for the strand-specific, sensitive detection of mature miRNAs. The reactions (10 µL) contained RNA, 5× reaction buffer, enzyme mix, and nuclease-free water. The reaction was incubated at 42°C for 60 minutes (polyadenylation and RT), followed by 95°C for 5 minutes (inactivation), and held at 4°C. The cDNA was diluted 1:60 for subsequent qPCR analysis. Quantitative RT-PCR was performed using the miRCURY LNA SYBR Green PCR Kit (QIAGEN, 339345) on the QuantStudio 6 Flex system, utilizing locked nucleic acid (LNA)-enhanced primers for high specificity

and reduced off-target amplification. Reactions (10 µL) consisted of 5 µL of 2× master mix, 1 µL of diluted cDNA, 1 µL of the LNA PCR primer mix (pre-optimized for each target), and nuclease-free water. Thermal cycling conditions included an initial activation at 95°C for 2 minutes, followed by 40 cycles of 95°C for 10 seconds (denaturation) and 56°C for 60 seconds (annealing/extension), with a final melt curve analysis from 60–95°C at 0.05°C/second. Primer efficiencies were maintained between 90% and 110%, with melt curves showing single peaks, confirming amplicon specificity. Expression levels were normalized to U6 using the $2^{(-\Delta\Delta Ct)}$ method. All reactions were performed with 9 biological replicates per group, each in technical triplicate. The primer sequences are provided in Table 2.

Table 2. Primers for miRNAs (miR-21-5p, miR-210-3p, miR-126-3p, miR-214-3p) and U6 snRNA

miRNA /U6	RT Primer (5' to 3')	Forward Primer (5' to 3')	Reverse Primer (5' to 3')	Amplicon Size (bp)	Approximate T _m (°C)	Ref
miR-21-5p	CTCAACTGGTGTCGTGGAGTCG GCAATTCAGTTGAGCGTCAAC	CTCAACTGGTGTCGT GGAGT	TCGGCAGGTAGCT TATCAGACTGAT	~70	60	[63]
miR-210-3p	CTCAACTGGTGTCGTGGAGTCG GCAATTCAGTTGAGCTCAGCC	CTCAACTGGTGTCGT GGAGT	TCGGCAGGCTGTG CGTGTGACAGCG	~70	60	[64, 65]
miR-126-3p	CTCAACTGGTGTCGTGGAGTCG GCAATTCAGTTGAGCGCATTAT	ACACTCCAGCTGGGT CGTACCGTGAGTAAT	GTGCAGGGTCCGA GGT	~65	60	[66]
miR-214-3p	CCTGTTGTCTCCAGCCACAAAA GAGACAATATTTTCAGGAGAC AACAGGACTGCCT	CGGGCACAGCAGGC ACAGAC	CAGCCACAAAAGG CACAAT	~75	60	[67]
U6 snRNA	Not applicable (standard)	CTCGCTTCGGCAGCA CAT	TTTGCCTGTCATCC TTGCG			[68]

Statistical Analysis

Data analysis was conducted using GraphPad Prism software (version 9.0; GraphPad Software, Inc.). Normality of distributions was assessed via the Shapiro-Wilk test on log₂-transformed fold changes. Comparisons between groups (untreated vs. treated) were made using Welch's t-test to account for unequal variances, with a significance threshold set at $p < 0.05$. Correlations between miRNA and gene expression levels were evaluated using Pearson's correlation coefficient on the combined dataset ($n=18$), and both p-values and r coefficients were reported. Results are presented as the mean $\pm$ standard deviation (SD), with fold changes calculated as log₂-transformed values relative to controls. No outliers were excluded without justification, and power analysis confirmed that the sample size ($n=9$) was sufficient to detect effect sizes >1.5 with 80% power at $\alpha = 0.05$.

Results

Determination of Curcumin IC₅₀ in CaSki Cells

To assess the cytotoxic effects of curcumin on HPV-16-positive CaSki cervical cancer cells, a dose-response analysis was conducted using the MTT assay following 48 hours of exposure. Cell viability exhibited a concentration-dependent decrease, ranging from 100% at 0 μM to nearly 0% at 1024 μM [Figure 1]. The calculated half-maximal inhibitory concentration (IC₅₀) was 96 μM , with a strong fit to the log(inhibitor) vs. response curve ($R^2 = 0.98$). This value is consistent with previously reported IC₅₀ ranges for curcumin in cervical cancer cell lines, where concentrations between 30-100 μM are commonly

associated with anti-proliferative effects. For subsequent experiments, a sub-IC₅₀ concentration of curcumin was used to examine molecular alterations without inducing significant cytotoxicity.

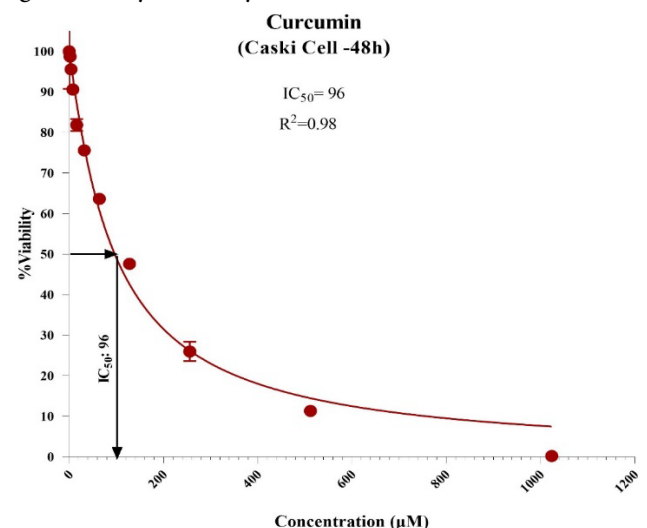


Figure-1. Dose-response curve illustrating the concentration- dependent inhibition of CaSki cervical cancer cell viability by curcumin following 48 hours of exposure, as assessed via MTT assay, with data points representing mean viability percentages from triplicate experiments fitted to a non-linear regression model. The calculated half-maximal inhibitory concentration (IC₅₀) is 96 μM , demonstrating strong curve fit ($R^2 = 0.98$) and highlighting curcumin's cytotoxic potential in this HPV-16-positive cell line.

Curcumin-Induced Changes in PTEN and VEGF Gene Expression

Quantitative real-time PCR (qRT-PCR) was utilized to evaluate the effect of curcumin treatment on the expression of PTEN, a critical tumor suppressor gene involved in apoptosis, and VEGF, a pro-angiogenic factor that promotes cell proliferation. The expression data were

normalized to GAPDH, a housekeeping gene, and presented as log₂ fold changes. For PTEN, the mean log₂ fold change in untreated cells was $-0.047 \pm \text{SD}$ (from 9 replicates), whereas curcumin-treated cells showed a mean log₂ fold change of $1.861 \pm \text{SD}$ ($p=0.004$, Welch's t-test) [Figure 2A]. This corresponds to a significant upregulation, approximately a 3.6-fold increase in PTEN mRNA levels following curcumin treatment. In contrast, VEGF expression in untreated cells yielded a mean log₂

fold change of $0.438 \pm \text{SD}$, while curcumin-treated cells exhibited a marked downregulation with a mean log₂ fold change of $-2.137 \pm \text{SD}$ ($p = 0.006$, Welch's t-test) [Figure 2B], corresponding to a reduction to approximately 0.23-fold of the untreated levels. These results indicate a suppression of angiogenic potential, consistent with curcumin's well-documented influence on signaling pathways such as PI3K/Akt, where PTEN acts as a negative regulator and VEGF serves as a downstream effector.

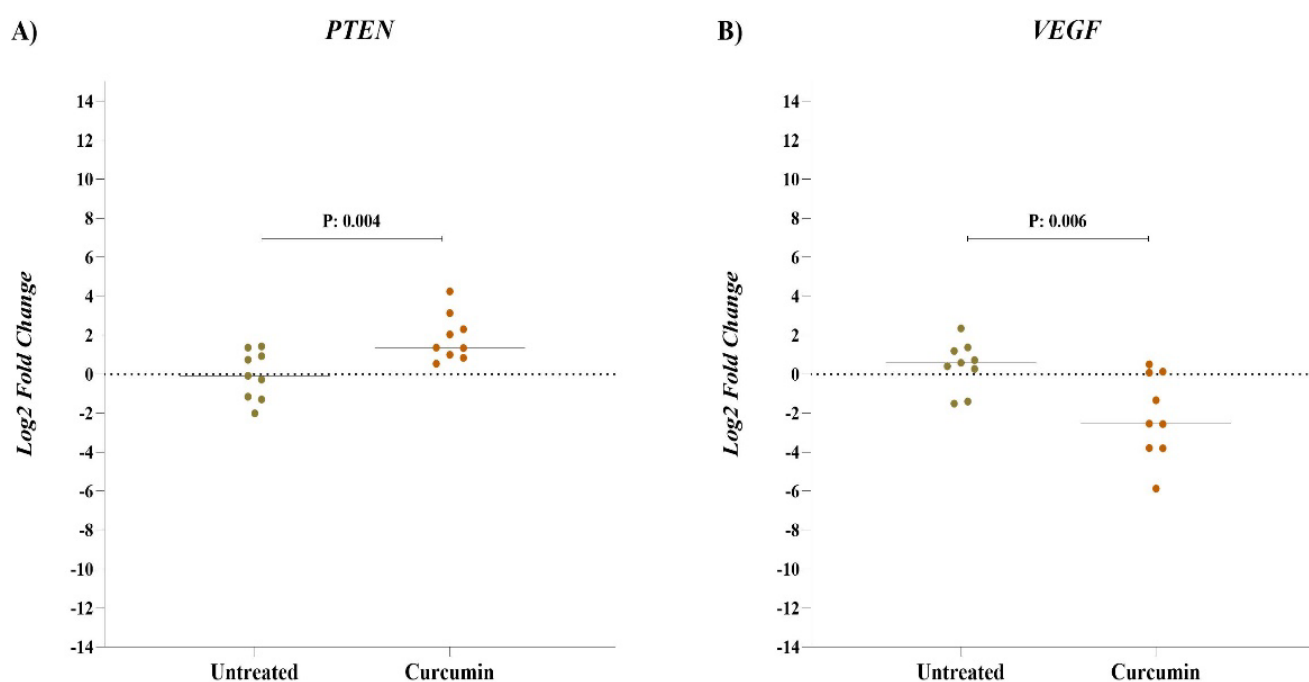


Figure 2. Scatter plots depicting the log₂ fold changes in mRNA expression levels of (A) PTEN and (B) VEGF in CaSki cervical cancer cells following 48-hour treatment with 80 μM curcumin compared to untreated controls, as determined by qRT-PCR normalized to GAPDH ($n=9$ biological replicates per group). Significant upregulation of PTEN (mean log₂ fold change: $1.861 \pm \text{SD}$, $p=0.004$, Welch's t-test) and downregulation of VEGF (mean log₂ fold change: $-2.137 \pm \text{SD}$, $p=0.006$) highlight curcumin's modulatory effects on tumor suppression and angiogenesis pathways.

Modulation of miRNA Expression by Curcumin

To further investigate the molecular mechanisms underlying curcumin's effects, the expression levels of four specific miRNAs (miR-21-5p, miR-210-3p, miR-126-3p, and miR-214-3p) were analyzed using qRT-PCR. Data were normalized to U6 small RNA and presented as log₂ fold changes (9 replicates per group). miR-21-5p expression showed a trend towards downregulation, with a mean log₂ fold change of $0.034 \pm \text{SD}$ in untreated cells compared to $-1.024 \pm \text{SD}$ in curcumin-treated cells ($p=0.057$, Welch's t-test) [Figure 3A], indicating a decrease of approximately 0.48-fold. miR-210-3p expression did not differ significantly, with a mean log₂ fold change of

$0.065 \pm \text{SD}$ in untreated cells versus $-0.767 \pm \text{SD}$ in treated cells ($p = 0.344$, Welch's t-test) [Figure 3B]. Conversely, miR-126-3p exhibited a notable upregulation, with a mean log₂ fold change of $0.005 \pm \text{SD}$ in untreated cells and $1.674 \pm \text{SD}$ in curcumin-treated cells ($p=0.003$, Welch's t-test) [Figure 3C], representing a significant increase of approximately 3.2-fold. Similarly, miR-214-3p showed a significant increase in expression, with a mean log₂ fold change of $-0.022 \pm \text{SD}$ in untreated cells and $1.669 \pm \text{SD}$ in treated cells ($p = 0.019$, Welch's t-test), although the non-parametric Mann-Whitney U test suggested borderline significance with a p-value of 0.034 [Figure 3D]. These findings demonstrate that curcumin selectively modulates

miRNA expression, particularly promoting the upregulation of tumor-suppressive miR-126-3p, which

may play a role in its therapeutic effects in cervical cancer.

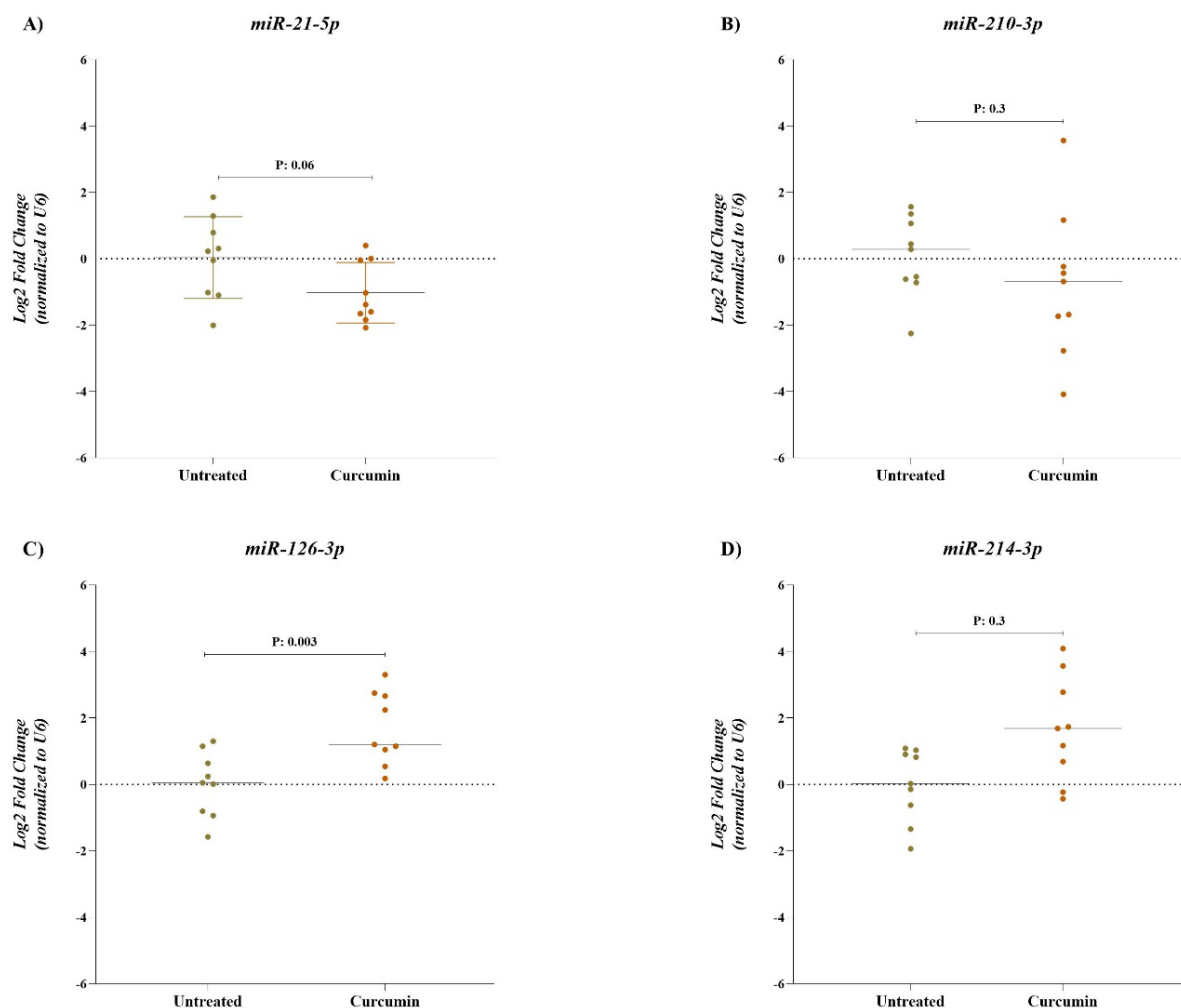


Figure 3. Scatter plots showing the log2 fold changes in miRNA expression levels of (A) miR-21-5p, (B) miR-210-3p, (C) miR-126-3p, and (D) miR-214-3p in CaSki cervical cancer cells after 48-hour exposure to 80 μM curcumin compared to untreated controls, as measured by qRT-PCR normalized to U6 snRNA (n=9 biological replicates per group). Curcumin treatment resulted in a trend toward downregulation of miR-21-5p (mean log2 fold change: $-1.024 \pm \text{SD}$, $p=0.057$), no significant alteration in miR-210-3p (mean log2: $-0.767 \pm \text{SD}$, $p=0.344$), and significant upregulation of miR-126-3p (mean log2: $1.674 \pm \text{SD}$, $p=0.003$) and miR-214-3p (mean log2: $1.669 \pm \text{SD}$, $p=0.019$), evaluated using Welch's t-test.

Predictive Correlations Between miRNAs and Target Genes

To explore potential regulatory networks, Pearson correlation analysis was performed on the combined dataset of untreated and curcumin-treated samples (n=18 per parameter). miR-21-5p showed a significant negative correlation with PTEN ($r=-0.51$, $p=0.03$) and a significant positive correlation with VEGF ($r=0.57$, $p=0.01$) (Figure 4A, B), consistent with its role in oncogenesis by repressing PTEN and promoting VEGF. miR-210-3p exhibited no significant correlations with either PTEN ($r=-0.28$, $p=0.25$) or VEGF ($r=0.27$, $p=0.28$) [Figure 4C, D]. In contrast, miR-126-3p demonstrated a positive

correlation with PTEN ($r=0.41$, $p=0.09$) and a significant negative correlation with VEGF ($r=-0.49$, $p=0.03$) [Figure 4E, F], supporting its tumor-suppressive role in modulating angiogenesis. miR-214-3p showed a negative correlation with PTEN ($r=-0.36$, $p=0.14$) and a non-significant positive correlation with VEGF ($r=0.20$, $p=0.42$) [Figure 4G, H]. These correlations provide valuable insights into the miRNA-gene regulatory networks modulated by curcumin, with potential direct interactions between miR-21-5p and PTEN, and miR-126-3p and VEGF, in line with previous studies on curcumin's epigenetic effects in cancer.

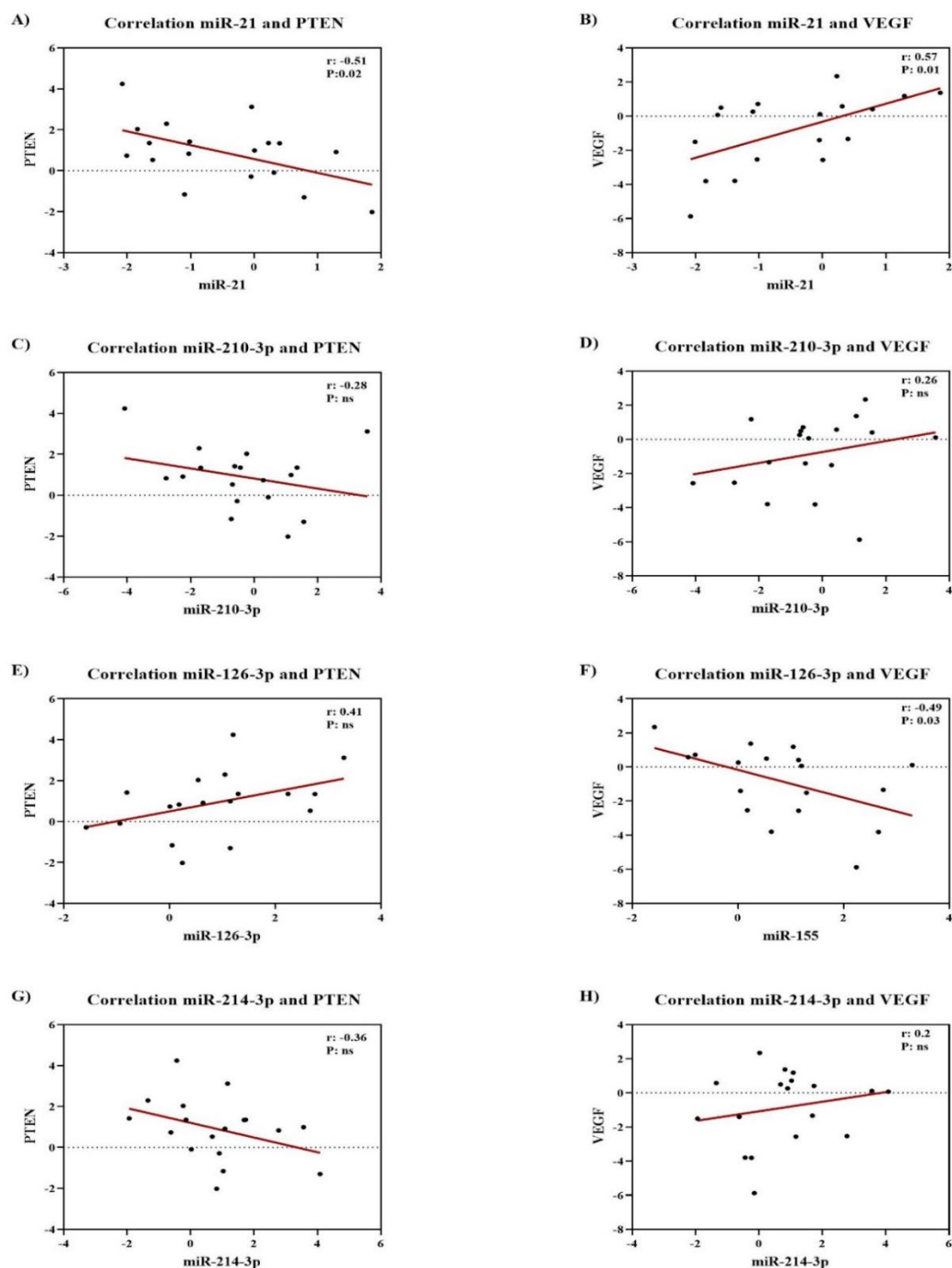


Figure 4. Scatter plots illustrating Pearson correlation analyses between the log2 fold changes in expression levels of (A, B) miR-21-5p, (C, D) miR-210-3p, (E, F) miR-126-3p, and (G, H) miR-214-3p with PTEN and VEGF in combined untreated and curcumin-treated CaSki cervical cancer cells (n=18 samples). Significant correlations include negative association of miR-21-5p with PTEN ($r = -0.51$, $p = 0.03$) and positive with VEGF ($r = 0.57$, $p = 0.01$), as well as negative association of miR-126-3p with VEGF ($r = -0.49$, $p = 0.03$), while other relationships were non-significant (ns), highlighting potential regulatory networks in curcumin's anti-cancer mechanisms.

Discussion

The present study demonstrates that curcumin induces cytotoxic effects on HPV-16-positive CaSki cervical cancer cells in a concentration-dependent manner, with an IC₅₀ value of 96 μM following 48 hours of exposure. At a sub-IC₅₀ concentration of 80 μM , curcumin significantly upregulated PTEN mRNA expression by approximately

3.6-fold and downregulated VEGF mRNA to 0.23-fold of control levels, consistent with its known role in modulating the PI3K/Akt pathway. Additionally, curcumin selectively altered miRNA expression profiles: miR-21-5p exhibited a trend toward downregulation (0.48-fold), miR-210-3p remained unchanged, while miR-126-3p and miR-214-3p were significantly upregulated

(both approximately 3.2-fold). Pearson correlation analyses revealed predictive regulatory relationships, including a negative correlation between miR-21-5p and PTEN ($r=-0.51$, $p=0.03$) and a positive correlation with VEGF ($r=0.57$, $p=0.01$). Furthermore, a positive correlation between miR-126-3p and PTEN ($r=0.41$, $p=0.09$) and a negative correlation with VEGF ($r=-0.49$, $p=0.03$) were observed. These findings highlight curcumin's potential to epigenetically modulate miRNAs, particularly targeting the PTEN/VEGF axis, and thereby inhibit cervical cancer progression.

Curcumin's cytotoxicity in CaSki cells is consistent with previous reports in cervical cancer models, where concentrations ranging from 30-100 μM induce anti-proliferative effects without causing excessive cell death. The observed IC_{50} of 96 μM aligns with findings in HeLa and SiHa cells, reinforcing curcumin's dose-dependent inhibition of cell viability through mechanisms such as cell cycle arrest and apoptosis induction. At sub- IC_{50} concentrations, curcumin's upregulation of PTEN and downregulation of VEGF suggest a shift toward tumor suppression and anti-angiogenesis. PTEN, a critical negative regulator of the PI3K/Akt pathway, is frequently inactivated in cervical cancer, leading to unregulated cell proliferation and survival. Curcumin's ability to restore PTEN expression likely inhibits Akt activation, thereby reducing downstream effectors such as VEGF, a key driver of neovascularization required for tumor growth and metastasis. This mechanism is further supported by *in vivo* xenograft models, where curcumin suppresses cervical tumor angiogenesis via VEGF inhibition.^[33, 35-38]

The selective modulation of miRNAs by curcumin offers valuable insights into its epigenetic anti-cancer mechanisms. The trend toward miR-21-5p downregulation ($p=0.057$) is particularly noteworthy, as miR-21-5p is a well-established oncomiR in cervical cancer, being overexpressed in HPV-positive tissues and associated with advanced disease stages and poor prognosis. MiR-21-5p targets PTEN, thereby promoting PI3K/Akt activation and VEGF expression, which in turn enhances cellular proliferation and angiogenesis.^[39-42] Curcumin's suppression of miR-21-5p is consistent with findings in other cancer models, where it restores PTEN expression,

inhibits Akt activation, and disrupts downstream oncogenic signaling. The observed negative correlation between miR-21-5p and PTEN, alongside a positive correlation with VEGF, supports a model in which curcumin mitigates miR-21-5p-mediated repression of PTEN, thereby indirectly attenuating VEGF-driven angiogenesis.^[36, 43-45]

The lack of significant change in miR-210-3p expression ($p=0.344$) is particularly intriguing, as this hypoxia-inducible miRNA is typically upregulated in cervical cancer, where it enhances VEGF expression and promotes angiogenesis under low-oxygen conditions. Curcumin's neutral effect on miR-210-3p may reflect context-specific regulation, potentially influenced by the normoxic conditions of the experimental setup, where the hypoxia-inducible factor-1 α (HIF-1 α)-mediated induction of miR-210-3p is minimal.^[22,46-48] The absence of significant correlations with PTEN and VEGF further suggests that miR-210-3p may not be a central mediator of curcumin's effects in this model. However, it is important to note that hypoxic tumor microenvironments could enhance its role *in vivo*, potentially altering its contribution to curcumin's therapeutic effects.

In contrast, the significant upregulation of miR-126-3p ($p=0.003$) is consistent with its known tumor-suppressive role in cervical cancer, where it inhibits VEGF and reduces endothelial cell proliferation and migration. The positive correlation with PTEN and the negative correlation with VEGF support a model in which curcumin-induced miR-126-3p enhances PTEN-mediated inhibition of the PI3K/Akt pathway, leading to reduced VEGF expression and attenuated angiogenesis.^[49-53] This finding aligns with studies in other cancer types, where curcumin exerts anti-angiogenic effects through miRNA modulation.

The upregulation of miR-214-3p ($p=0.019$) presents a complex scenario, as this miRNA exhibits context-dependent roles in cancer. In some cancer, miR-214-3p is typically oncogenic, as it targets PTEN.^[54-59] However, the curcumin-induced increase observed here, along with a negative correlation with PTEN ($r=-0.36$, $p=0.14$) and a non-significant positive correlation with VEGF ($r=0.20$, $p=0.42$), suggests that miR-214-3p may exhibit tumor-suppressive effects in this model, potentially through

alternative targets such as EZH2 or β -catenin. The borderline significance observed in the Mann-Whitney test ($p=0.034$) calls for further validation, but these findings underscore the complexity of curcumin's miRNA regulation and its potential for context-dependent therapeutic effects.

Overall, the miRNA-gene correlations reinforce curcumin's role in reprogramming the PTEN/PI3K/Akt/VEGF signaling axis, a critical pathway driving the hallmarks of cervical cancer. By downregulating oncomiRs like miR-21-5p and upregulating tumor suppressors such as miR-126-3p, curcumin may enhance PTEN activity, inhibit Akt, and reduce VEGF expression, collectively hindering tumor growth and angiogenesis.

However, there are limitations to the current study, including its in vitro nature, which may not fully replicate the complex interactions within the tumor microenvironment, and the reliance on a single HPV-16-positive cell line, which may limit the generalizability of the findings to other HPV subtypes. Future research should aim to validate these findings in vivo, investigate potential synergistic effects with chemotherapy, and evaluate miRNA modulation in patient-derived models.

Conclusions

Curcumin modulates specific miRNAs in CaSki cells, with predictive correlations to PTEN upregulation and VEGF downregulation, providing a mechanistic foundation for its anti-cancer effects. These findings support the potential of curcumin as an adjunctive therapy for cervical cancer, warranting further translational studies.

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Competing interests

The authors declare that they have no competing interests.

Abbreviations

Hypoxia-Inducible Factor 1-alpha: HIF-1 α ; Human Papillomavirus: HPV; Phosphatidylinositol 3-Kinase: PI3K; Protein Kinase B: Akt; Nuclear Factor kappa-light-chain-enhancer of activated B cells: NF- κ B; Mitogen-Activated Protein Kinase: MAPK; microRNAs: miRNAs; 3'-

Untranslated Regions: 3'-UTRs; Phosphatase and Tensin Homolog: PTEN; Vascular Endothelial Growth Factor: VEGF; Epithelial-to-Mesenchymal Transition: EMT; American Type Culture Collection: ATCC; Roswell Park Memorial Institute: RPMI; Fetal Bovine Serum: FBS; Ethylenediaminetetraacetic Acid: EDTA; Dimethyl Sulfoxide: DMSO; Polymerase Chain Reaction: PCR; Nicotinamide Adenine Dinucleotide Phosphate: NAD(P)H; Phosphate-Buffered Saline: PBS; Half-Maximal Inhibitory Concentration: IC50; Complementary DNA: cDNA; Quantitative Real-Time PCR: qRT-PCR; Glyceraldehyde-3-Phosphate Dehydrogenase: GAPDH; Locked Nucleic Acid: LNA; Small Nuclear RNA: snRNA; Standard Deviation: SD; Enhancer of Zeste Homolog 2: EZH2.

Authors' contributions

All authors read and approved the final manuscript. All authors take responsibility for the integrity of the data and the accuracy of the data analysis.

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The data used in this study are available from the corresponding author on request.

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The study was conducted in accordance with the Declaration of Helsinki.

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By submitting this document, the authors declare their consent for the final accepted version of the manuscript to be considered for publication.

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